



NUCMED PERSANTINE STRESS EXAM – 1 DAY PROCEDURE

Resting and Stress(Persantine)

Pt will be here approximately 4 hours

1. Wear athletic or good walking shoes
2. Wear comfortable clothing
3. Light meal, no caffeine
4. No smoking, no asthma medications, no aspirin products, and no Persantine for 24 hours before exam. (If you have any questions, please call your physician.)

Resting Scan

The patient will receive an IV, then injected with a radioactive tracer called cardiolite. Approximately 30 minutes later the patient's heart will be scanned.

Stress Scan

The nurse will prep patient for Persantine (EKG Leads). When cardiologist arrives, patient will be injected with Persantine. Then patient will be injected again with the cardiolite tracer and will be given something to go eat and drink. This enables us to obtain better images of the heart. Then the patient will be scanned again.